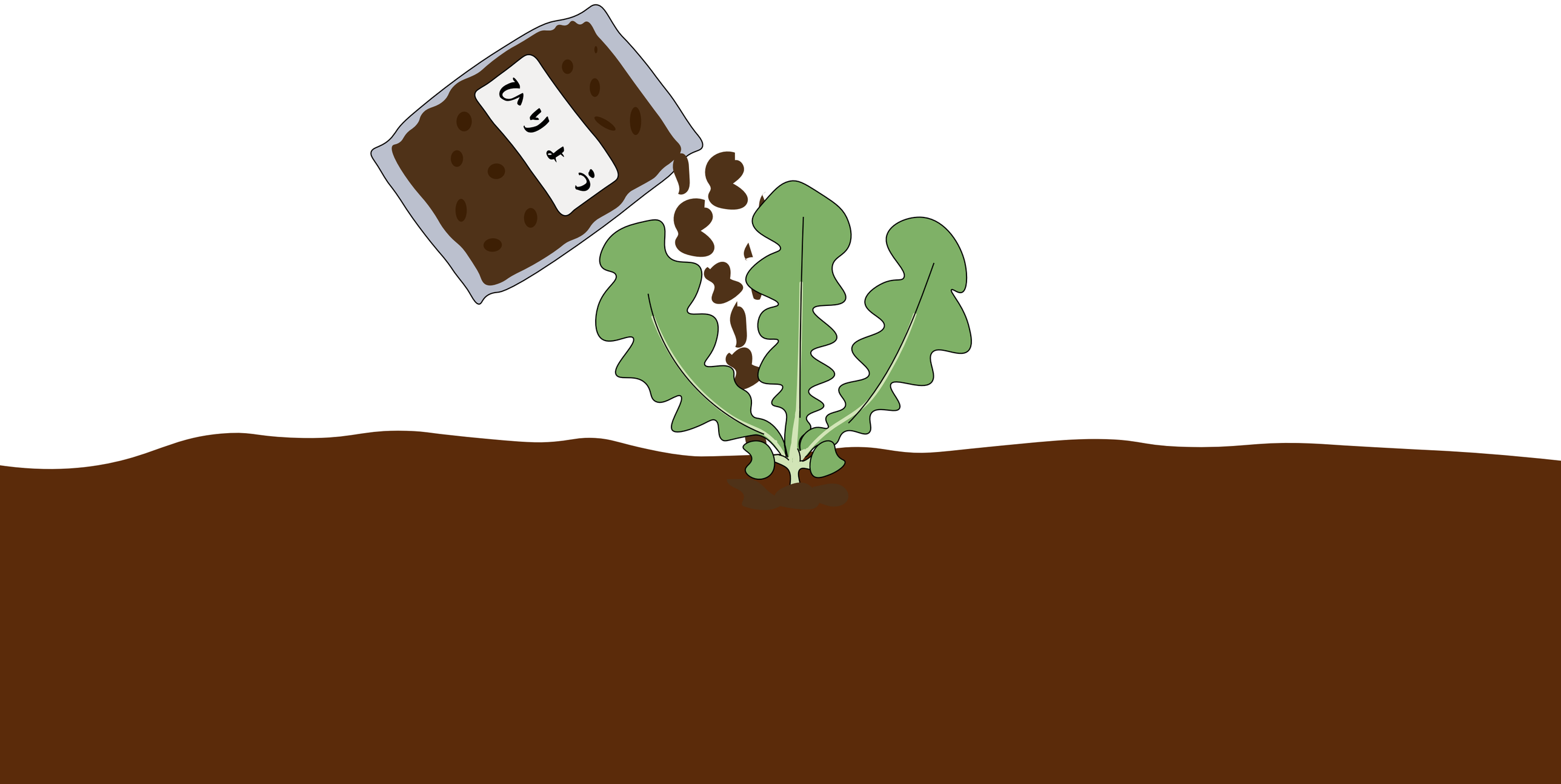⑤ひりょうをあげる（けいふん）