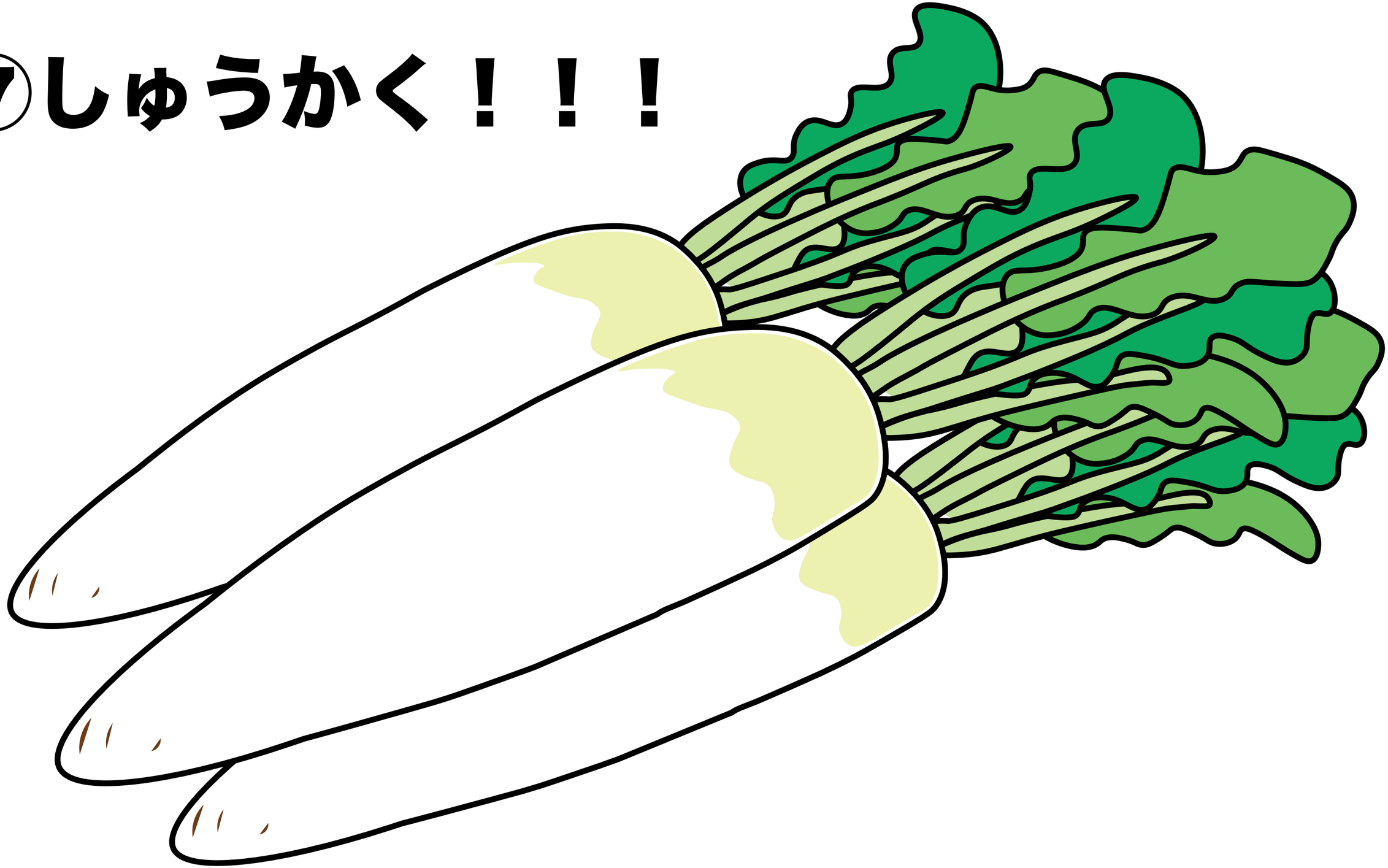⑦しゅうかく！！！